

WHAT TO EXPECT IN THIS NEW YEAR

2020-01-04

- 2020-0104-001 Beloved and holy and only Child of the one Source, Child of Light, divine. That is who you are. Take it deeply within the consciousness and contemplate what that means. Child of Light, divine; playing, expressing, realizing from time to time the energy of great Light, being in joy, being in that place of great radiant Light, knowing yourself not to be contained within the body, but knowing yourself to be Light expressing upon this plane; playing, sorrowing, remembering, experiencing; but not tied to this plane.
- 2020-0104-002 As the Light, you are totally free to express and to experience. And the one that you were concerned about, sending the love and peace to, is very happy, very free. The ones who are the loved ones here still focused upon this reality are the ones who are being given the experience to go beyond that which has been taught to them, as when you are in body, this is what you feel, this is what you experience.
- 2020-0104-003 When you are in body and a body seemingly no longer is being activated, you feel the separation, which is not true. In truth, the spirit, the Light that activated the young body is still very much expressing, still very much experiencing, because the totality of being does not cease being when the body is no longer being moved around and doing things.
- 2020-0104-004 This is the great surprise to many when they release the body or it is seemingly taken from them. Nothing is ever really taken from them, but when they release the body, there is a feeling before that happens that they will be losing something. But in truth, they are gaining a wider perspective, and they can see you, they can feel you, they can talk with you.
- 2020-0104-005 Sometimes you have a feeling that you hear them, you feel them around you, and they are. They are knocking on the door of the mind and saying, "Let me in. I am still alive. Speak to me," because they want to be remembered. They don't want you to say, "Well, they've been put in a box and buried somewhere, or they have allowed the body to be turned into ashes and they are no longer." This is not true. They exist. They live.
- 2020-0104-006 Life is truly eternal, whether or not you have this body to walk around in and have to drag it different places and look at the different sizes and shapes of all of the different means of expression. You are totally free, and when you no longer have to have the attention on the body, there is great rejoicing.

- 2020-0104-007 It is truly a time of birthing into an experience; not exactly a new experience, because you have been there, done that before, but it is a remembrance of how expansive the spirit of you is and how free the spirit is.
- 2020-0104-008 And ones, when they want to do the hiking and climb up and have a new viewpoint, a new vista in front, are truly asking to know the unlimitedness of Being. That is why you go and stand and at first perhaps look at the mountain that is in front of you, and then you say, "I wonder how it looks from the top of that mountain." So then you get out the gear and get a certain energy, hopefully, and you go to the top of the mountain, because you want to experience more of yourself, more of what can be. It is exciting, is it not, to have a new vista?
- 2020-0104-009 All of you take what you call the holiday, a holy day, to go somewhere and see something new. That is what you often do when you are on holiday. You don't have to wait for a holiday. You can go any time and have the experience of knowing more of what you are creating, because moment by moment by moment you are creating your reality.
- 2020-0104-010 So if you don't like what you are creating, sit down for a moment, go within and ask, "What would I like to see?" It is called the daydream, and it has been put down as something that is not of value, but it is truly of more value than the reality that you sometimes have to work the 9 to 5 or 8 to 5 or 5 to 8 or whatever the hours are and focus upon that as the reality of you. But you are much more than that. That is why you enjoy the holy days of having a holiday, going somewhere.
- 2020-0104-011 I see we have a new friend here today. Aha. Have you come...oh, you have lost your unicorn, your one corn. Okay, we'll put it back on again. It won't stay there though. Let's put it over your ear. No, that's not going to stay. So have you been named? Does this one have a name? He says, "I would like a fancy name this time, please." He says, "Many places where I go I am called horsey. I would like a new name."
- 2020-0104-012 Okay, by next meeting we will have you a new name. We will do what they call the christening; find out your Christ nature. It is most wondrous what you do in making toys. You play with your creations. You play with them, and the heart opens. That is what they are about, the same as when you have the small pet. It allows the heart to open and allows you to see more of life in expression.
- 2020-0104-013 Those of you who run with certain animals or pets get that exuberance of running and feeling the same as they do when they are let loose to run

somewhere. You, as the spirit of you, want to be set free. The spirit of you is wanting to know all of itself. That is why you choose, for a certain amount of time, to say, "I am contained within this body." No, the body is contained within you, within what you see as reality, and you are much more than the body. Okay, lecture finished. It's alright.

- 2020-0104-014 There have been questions coming up, ones wanting to know, "What is this year going to bring? How can I prepare for this year?" Well, in truth, you can't, because you are creating it moment by moment as you go along according to what you feel reality—lower case "r"—might be. But your reality is far greater than what you think right here is reality. Your reality is much more than that, and at this point it is wide open.
- 2020-0104-015 You are looking at the next twelve months of the year, and there are certain trends, suggestions, ideas how it might go. You are feeling that you would like to see your brothers and sisters coming together in peace and in value of each other, and that truly is in the works and will be happening.
- 2020-0104-016 You have foreordained that you are going to come to a place where you have to evaluate where you stand on the spectrum of love and what is important to you. And when I say that, it is to you as individuals and it is for the whole of mankind, humankind, the brotherhood and sisterhood.
- 2020-0104-017 You have been moving quite rapidly recently into a place of having to look at things and evaluate, "How do I feel about what is happening? How do I feel about ones when I speak with them and they seem to be holding different value?" You have had to breathe deeply and stand back, sometimes physically to stand back, and to acknowledge that they have a viewpoint. It may not be your viewpoint, but when you stand back with that deep breath and behold everything against the backdrop of extended time, you see that truly decisions that are made now give you certain trends, but those trends can be altered at any point.
- 2020-0104-018 This year is going to give you opportunity, you and the fellow brothers and sisters, to be in love. Your viewpoint is based on past history that you have had, and brothers and sisters have had different experiences which have shaped where they think they are at this moment, so there is a wide variety of choices, and ones say, "Well, I'm here, because I would never believe that—the opposite."
- 2020-0104-019 And the ones who seem to be opposite or standing here say, "Well I don't see how you can believe that. All of the evidence points to something else." And yet when you wipe the slate clean and look upon a brother/sister and

you let all of the minutia fall away, what do you see? You see another the same as you, another Christed being having a human experience.

- 2020-0104-020 Try that if you get into a certain bind with someone you are talking with. Take the deep breath and say, "You know, you're really cute when you get like that." And see what the reaction is. It can surprise you. It definitely is going to surprise them.
- 2020-0104-021 Play with your brothers and sisters. Play at loving them. And after a small bit of time, the more you practice it, the easier it becomes, to say, "Well, you've had other experiences in your life, and they have molded and shaped you in a certain way. Maybe what you are saying makes sense to you. I will allow you that, because I have not walked in your shoes all of the years of your lifetime. So therefore, what you believe and what you are saying is true for you. It may not be true for me, and I would ask that you allow me to have my viewpoint."
- 2020-0104-022 And then you leave it at that, in love. You don't have to be right. They don't have to be right. You let it go.
- 2020-0104-023 This is a year when those of you who are of the Light, those of you who are waking up and feeling that there has to be much more to life—there is love, there is sharing, there is laughter, there is good in the world that yet thinks it is bringing itself to the brink of...and then you step back from it.
- 2020-0104-024 Because truly, ones in human form love the rush of energy that comes from standing on the brink, supposedly. Ones like knowing that they are alive, because they feel something happening, and even in the body..."Ah! I can't believe you said that!" What happens at a time like that? You get a rush of energy and the body says, "Hey, I didn't know I could feel like that. You know, I'm really alive." Okay, then the body says, "Uh, but I'm tired. You know, that took a lot of energy. I think I'll rest a bit."
- 2020-0104-025 It is good to step back and breathe and to allow. Yes, there was such a feeling of relaxation in the moment right then with the deep breath, because truly, it seems on the one hand to be life and death, but what is death? Only a change of costume. Think about that for a moment or so. It is only a change of costume and a chance to be young again, to be teachable, to be open, to love everything that you look upon.
- 2020-0104-026 This year is going to bring you opportunities every day to practice being in love. Remember when you first fell in love with someone? They were so wonderful. They could do no wrong. They were just wonderful. Everything they did was of Light. Everything they said brought the heart alive. You

couldn't wait to see them. You couldn't wait to reach out and touch them, hold hands perhaps, hold them in a hug. You couldn't wait to be with them.

- 2020-0104-027 It is still there. Sometimes you feel that, "Well, many years have gone by, and I can't capture that again." Sure you can; it's right there. It's within you where it always was; within you, just waiting for you to call it forth and say, "You know, I'm really in love with you, with you, with each of you," because it doesn't have to be just one person.
- 2020-0104-028 Allow yourself to fall in love with everyone that you meet. Allow yourself to be in love, to look for and to find all of their good points. "Well, I don't know, Jeshua. I've looked at this person, and I can't find much."
- 2020-0104-029 There's at least one point of something that you can value. It could be the way they comb their hair; or not, depending on how the hair is. Even if it is a small point, find something that you can admire about them. There is no one on planet Earth who does not have some point that you can admire and say, "Well, they're doing that okay," in your estimation. Look for it, and you will find it. Don't look for it, and you won't find it, and that's where many of the brothers and sisters stand in this time. They are looking for the things that they can complain about or find a difference with, and that can be found as well. But look for the things that you can see that you admire, that you like about them. Even if it is a very small point, you can find something.
- 2020-0104-030 This year is going to bring you in every day your talking box that is going to tell you of the upcoming disasters. Every day you have some action that is happening out there or some action that may come that you can get yourself into a big knot of worrying about if you want to live in that knot. Some of you have practiced that really well so that at this place and time you can say, "Been there, done that; didn't feel very good. I actually got a pain in the tummy from it. I don't think I'll do that again. I'm finished with that. I am going to look upon everything with eyes that value what I am seeing." And if you look hard enough, you will find it anywhere and anytime.
- 2020-0104-031 It is a choice. This is what the brothers and sisters do not understand sometimes. They get quite caught up in their box. They do not realize that they have choice in every moment to look either with the blinders on and say, "Well, this is how it has to be," or they can open up the blinders and say, "Wow, what a vista! I had no clue that all this was out there."
- 2020-0104-032 You are creators moment by moment of most wondrous adventure. You make creations—brothers and sisters, ones who activate the body; yes, such as this black cat. This one [stuffed animal]...well, it's not alive; oh, yes, it is.

This one is alive. Most wondrous invention of what you would call synthetic; synthetic fur, okay? Someone had the idea of how to make in physicality the fur on what you would say is an inanimate object. But in your imagination, this is not inanimate. That one is very much alive with love, yes; very cute, full of love. And where does the love come from? From you. And it is as a miracle, because it comes back to you.

- 2020-0104-033 You have miracles around you in every day, and you get very caught up in the mind sometimes so that you miss the miracle that is right in front of you; even the miracle of someone who believes differently than you do, the miracle of the mind that can invent different belief systems. Good heavens, who would have thought? But somebody did.
- 2020-0104-034 That is the most wondrous thing that you are going to be and have been seeing, is that someone who seemingly is like you, same kind of body—two legs, two arms, a couple of whatever, and hair doing something—someone like you can have a totally different view on life. How would they do that? Well, if you stop judging for a moment and thinking that your viewpoint is the only one, you will stand in amazement as to what the human mind can devise.
- 2020-0104-035 There has been a prediction, and it is very true, that this year is going to be a year of healing. Now, sometimes it's not going to look like healing, but it is going to be a year of healing, a year of coming together and a year of clarity, because you have foreordained that this is what you want to experience.
- 2020-0104-036 You and many of the brothers and sisters do not feel happy—right here in the solar plexus, that place of the sun, a place of Light, the Light-being that you are—you do not feel happy and at ease. And you have said, "I want to feel happy again. I want to feel healed, whole."
- 2020-0104-037 Therefore, there is nothing outside of you that is going to make you do anything. But that which you are is going to suggest; the still small voice is going to be whispering in your ear, "You could see what is happening differently." That is going to come back to remind you. That little inner voice is going to be saying, "You could see differently than what you are seeing, or think you are seeing. You can see something more whole."
- 2020-0104-038 Now, it takes a bit of practice, and it takes a bit of choice to choose to see something in wholeness; not just with the blinders on and say, "This is the truth, and that's all." It takes choice to open up the blinders and, in fact, throw them away. And sometimes separated ego runs onstage and says, "Hey, but there's only one way to see this. I'm right, and they're wrong."

- 2020-0104-039 Allow yourself, in imagination...now, you have put into your belief system, imagination, a most wonderful tool, a creative, divine tool; imagination. Imagine how they must feel when they are saying things that you don't agree with. Where are they coming from? You have that saying in your world, "Where are you coming from?"
- 2020-0104-040 Oftentimes the energy will start out not too happy, but if you can breathe and allow them to explain a little bit, you will see how what they have read, what they have heard, what they have been told and taught in their growing-up years has fashioned them in a certain way to have a belief system that certain things seem to stick or magnetize, and that is the first step in opening up the possibilities of understanding each other.
- 2020-0104-041 You of the Light are the ones who are going to be teaching by your doing, by saying, "Tell me why you believe that."
- 2020-0104-042 "Well, it's perfectly plain. So and so told me...etc." And then they'll receive whatever they've heard. You stand and listen. You don't judge. You just listen. And after a while the energy that has been so built, because, "I have to defend myself; I have to be right," the reason that belief comes forward is because so many lifetimes it has been off with the head if you didn't agree with someone, so it has had meaning for you, because you wanted to keep on activating the body that you had, not realizing that perhaps if you discard this body you can get a better one. I make a joke.
- 2020-0104-043 But allow yourself to breathe, and allow them to get through whatever they want to tell you. And if you are so moved, you may ask, "Can I share with you what I have heard?" They may say, "Whatever you've heard, that's all lies; it's all wrong."
- 2020-0104-044 But after a while, if you stay with that person in friendship, there will be a time when you can hear and they can hear where you are coming from and where they are coming from. And you begin to see that that which you thought to be so far apart is truly coming from the same place of wanting to be loved, wanting to be understood and accepted—maybe not explained in those words, but that's the basis of it. So you breathe, and you allow.
- 2020-0104-045 This is going to be a year where the lessons are going to come fast and furious. The opportunities are going to come. And you have opportunity, if you don't say yes to it in the first moment, it will come back; you'll get another chance, and another chance, and probably another chance.
- 2020-0104-046 But I have news for you. You are the ones who have chosen to be here at this time. You are the souls who have said, "I will go, Father. Let me go and be the presence of love. Send me. And with that request, the answer is

always yes, so here you are, and everything that comes in front of you is love.

- 2020-0104-047 Sometimes it doesn't feel like that, and sometimes you get hurt. And you say, "Oh, but you're attacking everything I've ever believed. You must think," and maybe they do and maybe they don't, "that I am wrong, stupid, not of value." You see, that is the bottom line, that if another one doesn't believe in you and that you have value, it's probably off with the head and start over again. And you don't want to do that again, because you've been there, done that enough times. Breathe; allow.
- 2020-0104-048 Now, you are not alone—a very important point to remember. We're going to talk about something that you have agreed to and have forgotten that you agreed to it. You have agreed to global positioning. Now, what is global positioning? You have said before the soul has incarnated in body, "Send me, Father, I will go. Wherever there needs to be Light, send me."
- 2020-0104-049 And then you have said when you got there, "Oh, my God, did I really ask for this?" Yes, you did. You volunteered for it. I know this, because I asked of the Father the same thing. "You want me to do what?" It is the same for you. You have said, as the collection of soul being that you are, "Send me where there needs to be love and understanding." And you have followed the feeling that you have had.
- 2020-0104-050 I have heard you ask, "Why did I come to a place so far out in the country, away from the big city? Why did I move here from a comfortable place where I was. I felt really drawn to be here, and I don't know why?" But you did choose. You volunteered. Some of you came as the infant, and you have come back and come back; maybe you've made other trips in between, but you've come back. Some of you have gone far-flung places, and there has been a calling to be here, to be where you are.
- 2020-0104-051 All of you in this year are going to come to the realization that, "I am in the place where I said I would serve. Oh, my God, did I really agree to that?" Yes, you did. And the beautiful part about it is, you have found each other. You have found ones of like heart, ones who want to see the good in life, ones who want to live in peace. You have come from distances. All of you have come from somewhere, and you've come back. Maybe you've moved away, but then you've come back.
- 2020-0104-052 All of you, as the soul that you are, have agreed at the time of the soul incarnation that you would go where you were needed to be, but that you would not feel so alone, because you would collect unto yourself others of same heart. That is why my beloved friend and teacher, the one you call

Judith, and the friends that you are, call yourselves the Heart Family, and you are. You are family of the Heart.

- 2020-0104-053 So you come, you find each other, and you say, "Ah, glad I found you." Maybe they say it in words; maybe you just think it. But you are in the place of the soul, where the soul has directed you to be. I know that many have asked, "Why way out somewhere? Why was I drawn?" And you were. You were drawn by the little bread crumbs of friendship, of love; the little bread crumbs—friends, they are called, to come and be with them, to play with them, to adventure with them, and to feel that pretty soon he is going to be quiet and I'll be able to go to my bed and rest. And you will.
- 2020-0104-054 The important thing to remember is that the year that you are moving into—already you have stepped into it—you have agreed that you will be in the world, but you are not of the world. The world is of your making. And as soon as you learn to take that deep breath and stand back—even if you have to take the physical step backwards just to have elbow room, just to breathe—you will find that the activities of this year, through one lens, are going to look really dramatic. But through another lens, they are going to look in divine out-picturing of the source of love.
- 2020-0104-055 Why? Because you are willing to bring love into that situation. When you get into a place of talking with someone and the viewpoints seem to be so different, allow yourself to step back, physically take a step backwards, and breathe. In that space of the breath, everything can change. Then you begin to say, and you may or may not believe this when you say it, but you can say, "You may be right." I don't think so, but, "You may be right." That heals. You may be right.
- 2020-0104-056 And later on you may find that, yes, they were right; or not. But at that point, it's not going to matter, because you will be staying friends.
- 2020-0104-057 You as a soul have agreed to a certain out-picturing of the Light that you are. You have said—and I have heard ones of you say—"Well, I don't know why I agreed to that, but I will go where I am needed. I will do that which love requests of me, even if it means that I don't get eight hours of sleep." Aha. Yes, all of you know that feeling. But you serve, and you smile.
- 2020-0104-058 This year is going to be a roller coaster. Enjoy it. So be it.